



How can you help families suffering from domestic abuse this Christmas?

Supermarket Vouchers

"Last year I was given a supermarket voucher from MK Act, so that I could buy presents for my children, as well as being able to buy our festive meal. This really made my Christmas! I loved seeing my children's faces after being able to get them something on their lists. The vouchers were also fantastic as we could buy the food which is traditional for Christmas within our culture. I can't thank the people who donated the money enough." - Refugee Resident 2021



We would be so grateful for any **Supermarket vouchers** for the families this Christmas so that mothers or fathers who are suffering from domestic abuse can feel empowered and pick toys and clothes for their children.

We request that vouchers are in £10, £20, £30 vouchers denominations so that we are able to easily split them.

To donate online via our Christmas Voucher Appeal, please visit:

<https://localgiving.org/supermarketvouchers>

Alternatively, You can post vouchers directly to us via:

MK Act, FAO: Lolly Marlborough, Acorn House, 381 Midsummer Boulevard, Milton Keynes, MK9 3HP

Or email the e-voucher to Lolly@mk-act.org

Buy a Gift



We have included a list of the ages of children in our refuge for anyone who would like to donate a present for a child. Please note, due to health and safety we can only accept **new** toys and **new** clothes. We also cannot accept toy guns and knives.

We ask for all presents to be either in gift bags with a label on with the child's age, or in plastic bags. **Please do not wrap the gifts.**

Ages and sexes of children in the refuge at Christmas 2022:

Ages.	Female.	Male.
0-2	3	2
3-5	2	1
6-9	4	6
10-12	3	7
13+	2	2

We also distribute presents to families outside of our refuge, through our Crisis Intervention Service, so any other child ages are also very needed.

We are always very grateful for presents for teenage boys and Barbies, Action Figures, and dolls of varied ethnicities as we always particularly in need of these.

Presents can be dropped off between 1st November and 9th December, Monday to Friday between 9.30am and 1pm.

- Acorn House, 381 Midsummer Boulevard, Milton Keynes MK9 3HP
- sonia@MK-ACT.org

Please email us once you have dropped off your gifts or vouchers so we can thank you 😊 Thank you so much you're your kindness and thinking of us this Christmas. With Festive Cheer, All the team at MK ACT.